

LISD School Health Advisory Council Minutes

Nov. 29, 2023

I. **Call to Order @ 6:04**

- A. Opening remarks were made by Courtney Houghton. The meeting was called to order at 6:04pm.

II. **Approval of Minutes**

- A. It was stated that the minutes from the last meeting were emailed to council members, no revisions were recommended and were approved.

III. **Child Nutrition Menu Offering:** Elaine Graham, Child Nutrition Department discussed a new sample of food turkey kielbasa sausage that they are considering adding to the menu.

IV. **Old Business - none**

V. **New Business**

- A. Career OUT! Lindsay Ayers, Director of Strategic Partnerships, discussed why it is important to volunteer with LISD as well as a variety of volunteering opportunities. She shared how the VOLY system works. Ms. Ayers discussed that businesses can sign up for Career Out. The date is Feb. 29th, 8:30 - 11:30 am. [LISD.net/Studentjobs](https://lisd.net/Studentjobs) was highlighted as a way for businesses to hire LISD students. Lindsay also shared about opportunities for serving with the Advisory Boards and Wonder Wagon. Lastly, the community webpage was shared as [LISD.net/Community](https://lisd.net/Community)

B. Sub-Committee Break out Sessions Elementary Movement and Physical Activity

1. Elementary Movement and Physical Activity
2. HB 3908 Student Fentanyl Awareness Education

C. Sub-Committee Report Out

1. Courtney Houghton shared that indoor recess, recess and ways to incorporate movement were discussed. She stated we have some articles to read prior to our next meeting.
2. Melanie Vincelle shared the subcommittee discussed information currently in the curriculum on fentanyl and the additions being made under the new state law. Members want to look at expanding the education throughout the school year and into the younger grade levels.

D. Adjournment - @ 6:58

VI. **Next meeting February 21, 2024**

